

LAFA SHIBIN M

PSYCHOLOGIST (MSc)

CONTACT

- +919567273399
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- Malappuram, Kerala

KEY SKILLS

- Cognitive Behavioral Therapy
- Counseling
- Family Therapy
- Patient Assessment
- Case Management

SOFTWARE EXPOSURE

- Statistical software: SPSS, JAMOVI
- Systems worked on: Microsoft Office tools.
- Operating system: Windows 10 & earlier versions.

STRENGTH

- Hard Working
- Good Learner
- Leadership Quality
- Time Management
- Positive Attitude
- Team Work
- Problem Solving Skill
- Punctuality

PROFILE SUMMARY

A very creative and motivated person with a postgraduate degree in psychology. Looking for chances that will allow me to utilize my abilities to their maximum potential for my professional development and the success of the organization.

EDUCATIONAL QUALIFICATIONS

- Master Degree (MSc) in Psychology, Aug-2023 with Distinction
Institution: Noble Women's College, Manjeri - University of Calicut
- Certified cognitive behavioural therapist -Aifer education
- Bachelor's Degree (BSc) in Psychology, Oct-2021 with Distinction
Institution: Noble Women's College, Manjeri - University of Calicut
- 12th from PPMHSS Kottukara, 2018
- SSLC from PPMHSS Kottukara, 2016

EXPERIENCE

VRC Hospital & Rehabilitation Centre, Tirur(one month)

- Diagnostic Case History.
- Individual Counselling.
- Aversive Therapy.
- Group Therapy.

Worked as client relation officer in Interval Tution Centre (3 month)

Chethana Center for Neuropsychiatry, Kozhikode

- One week internship

ACADEMIC PROJECTS

- Emotional Intelligence, Psychological Adjustment and Resilience Among Psychology Students.
- Self-esteem Among Working Women.

PERSONAL DOSSIER

- DOB : 09/04/2000
- Gender : Female
- Nationality : Indian
- Marital Status : Married
- Languages : English, Malayalam
- Address : Karuthedath (H),
Kuruppath,
Kondotty P.O
673638, Malappuram
- LinkedIn Profile :
www.linkedin.com/in/lafa-shibin-m

CERTIFICATIONS

- ☒ Paper Presentation in the two day National Conference on 'Recent Trends in Psychology' organized by Childline Malappuram and PG Dept. of Psychology, Noble Women's College.
- ☒ Participated in National Psychological Training Conference (NPTC) organized by Psychology Circle and Dept. of Psychology, MES Asmabi College.
- ☒ Volunteering the Annual Status of Education Report (ASER 2022) the largest citizen-led education survey in india, organized by Pratham Education Foundation.
- ☒ Certificate of appreciation given by KAPS Malappuram and Childline Malappuram for the outstanding service and contribution to annual status of education report.
- ☒ Participated in the two day workshop on Research Methods and Efficient Data Analysis Organized by the PG Department of Psychology, PMST Arts and Science College.
- ☒ Participated in the online series course of Domestic violence and well-being during COVID-19.